











SAUNDERS CERVICAL TRACTION DEVICE

Patient Benefits

- Maintain clinical gains between appointments
- Save limited in-clinic visits for valuable one-on one time with the clinician
- Perform daily treatments in the home, workplace, or when traveling
- Effectively manage chronic conditions

Advanced Features

- Treatments can be conducted on a bed the patient does not need to stoop down to the floor
- Carrying case doubles as a comfortable treatment surface
- Detachable wheels provide enhanced portability



Advanced Features

Safe

A proven alternative to surgery for some patients

- Traction forces are directed to the back of the head to prevent compression of the TMJ
- Easy-to-read pressure gauge provides total control of the force at all times
- Blow-off valve limits the amount of force that can be applied

Effective

A cost-effective option to continuous clinical care

- Innovative design replicates clinical traction and promotes consistency of treatment
- Positioning alternatives allow varying treatment options for the clinician
- Patented pneumatic system ensures reliable force accuracy and leak-free performance

Easy to Use

A portable treatment solution that increases patient compliance and satisfaction

- Patented self-adjusting neck wedges ensure a perfect fit
- Patented pump design incorporates a simple "click in place" mechanism
- Quick and simple patient
- set-up enables home traction without assistance



Treatment Guidelines

DISORDER	GOALS	MODE	FORCE	TIME	FREQUENCY
Herniated Disc Syndrome	Reduce nerve compression Relieve pain	Static	20–30# female 25–40# male	8–12 minutes	1–4 times daily
Degenerative Disc Disease	Stimulate nutrition Improve spinal function Reduce nerve compression	Intermittent 25% force at rest	20–25# female 30–35# male	10–20 minutes	1–2 times daily
Degenerative Joint Disease	Stimulate nutrition Improve spinal function Reduce nerve compression	Intermittent 25% force at rest	20–25# female 30–35# male	10–20 minutes	1–2 times daily
Cervical Headache	Reduce muscle tension Relieve neck and head pain	Static	20–25# female 30–35# male	10–15 minutes	1–2 times daily
Joint Fixation, Facet Impingement	Unlock facet joint Increase range of motion Relieve pain	Static	20–25# female 30–35# male	10–15 minutes	1–2 times daily
Poor Posture	Posture correction Increase range of motion Relieve pain	Static	20–25# female 30–35# male	10–15 minutes	1–2 times daily
Soft Tissue Stiffness	Increase range of motion Relieve pain	Static	20–25# female 30–35# male	10–15 minutes	1–2 times daily
Chronic Whiplash Syndrome	Increase range of motion Relieve pain	Static	20–25# female 30–35# male	10–15 minutes	1–2 times daily

- Gradually work up to recommended treatment times and force. Initial t reatment times of three to five minutes may be required for acute or irritable conditions.
- The forces listed above are for patients of average size and mobility.
- The device is pre-set at a 15 degree angle which positions the majority of patients in a neutral posture. The angle adjuster may need to be increased for patients with severe forward head posture or thoracic kyphosis.
- Side-bend the device to achieve a unilateral pull.





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