

SAUNDERS LUMBER TRACTION DEVICE

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SAUNDERS LUMBER TRACTION DEVICE

Patient Benefits

- Maintain clinical gains between appointments
- Save limited in-clinic visits for valuable one-on one time with the clinician
- Perform daily treatments in the home, workplace, or when traveling
- Effectively manage chronic conditions

Advanced Features

- Treatments can be conducted on a bed — the patient does not need to stoop down to the floor
- Carrying case doubles as a comfortable treatment surface
- Detachable wheels provide enhanced portability

Safe

- A proven alternative to
- Surgery for some patients
- Friction-free surface ensures smooth motion
- Easy-to-read pressure gauge provides total control of the force at all times
- Blow-off valve limits the amount of force that can be applied
- Effective

A cost effective option to

- continuous clinical care
- Split table design replicates clinical traction and promotes consistency of treatment
- Actively moving treatment surface ensures efficient application of traction
- Patented pneumatic system ensures reliable force accuracy and leak-free performance

Easy to Use

- A portable treatment solution that increases patient compliance and satisfaction
- Comes complete no assembly required
- Non-slip harnesses incorporate belt-organizers for quick set-up
- Patented pump design incorporates a simple “click in place” mechanism\

Treatment Guidelines

DISORDER	GOALS	MODE	FORCE	TIME	FREQUENCY
Herniated Disc Syndrome	Reduce nerve compression Relieve pain	Static	20–30# female 25–40# male	8–12 minutes	1–4 times daily
Degenerative Disc Disease	Stimulate nutrition Improve spinal function Reduce nerve compression	Intermittent 25% force at rest	20–25# female 30–35# male	10–20 minutes	1–2 times daily -
Degenerative Joint Disease	Stimulate nutrition Improve spinal function Reduce nerve compression	Intermittent 25% force at rest	20–25# female 30–35# male	10–20 minutes	1–2 times daily
Joint Fixation, Facet Impingement	Unlock facet joint Increase range of motion Relieve pain	Static	20–25# female 30–35# male	10–15 minutes	1–2 times daily
Poor Posture	Posture correction Increase range of motion Relieve pain	Static	20–25# female 30–35# male	10–15 minutes	1–2 times daily
Soft Tissue Stiffness	Increase range of motion Relieve pain	Static	20–25# female 30–35# male	10–15 minutes	1–2 times daily

- Gradually work up to recommended treatment times and force. Initial treatment times of three to five minutes may be required for acute or irritable conditions.
- Additional flexion can be achieved by placing pillows or bolsters under the knees.
- Additional extension can be achieved by placing rolled towels or wedges under the lumbar area or by using the device in the prone position.



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